Old Town North is Celebrating being Old Town North !

4:00pm – 8:00pm

On Thursday, September 20th, Montgomery Park will be the site of all the reasons you are located in Old Town North –

As a wellness provider in the neighborhood, we invite you to present to the community a sample of what you do best. We will not be charging the community to participate in any of the events of the day, and we will not be charging you either. Wellness Demos will take place between 4pm and 5pm.

We really hope that you will be able to join us. The residents and business people who frequent our sidewalks need to know you and what you do. Please let us know by August 10th if you will participate as available slots will fill up! You can’t afford to miss this opportunity!

The Regular Farmers’ Market 4pm – 8pm

Fitness and Wellness Demonstrations 4pm – 5pm

Concert 5pm – 6pm

**Taste of Old Town North**  5pm – 7pm

Concert 6pm – 7pm

Staged Readings 7pm – 7:45pm

Closing Remarks & Thank Yous 7:45 – 8:00pm

Rain Date will be Thursday, September 27th with notification by noon, Monday, September 17th

*Old Town North Community Partnership – Elizabeth Frommer, Treasurer 703-836-8066*

*Or Margaret Townsend, President 571-218-2161*

[*info@oldtownnorth.org*](mailto:info@oldtownnorth.org)

**OLD TOWN NORTH WELLNESS**

THURSDAY, SEPTEMBER 20TH

4:00PM TO 5:00PM

Participant : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Description of demonstration or sample class you will offer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Your promotional materials will be displayed on the Old Town North Community Partnership Table.

**Please remember that the purpose of this event is to showcase Old Town North and encourage people to live, work and play here!**

*Old Town North Community Partnership – Elizabeth Frommer, Treasurer 703-836-8066*

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