



KOCHANY

HANDCRAFTED JUICES & WELLNESS BEVERAGES

“Nourish” Classic Green Juice ~ \$12

Kale - Chard - Spinach - Cucumber - Lemon

Anti-Inflammatory * Antioxidant * Strengthens Bones * Improved eyesight * Detoxing * Promotes Healthy Skin

Vitamin A * Vitamin K * Vitamin C * Magnesium * Copper * Manganese * Potassium * Vitamin E
* Iron * B2 * Calcium

“Protect” Orange Juice with Turmeric & Black Pepper ~ \$12

Improved Immunity * Anti-Inflammatory * Antioxidant * Heart Health * Healthy Skin * Natural Diuretic *
Appetite Stimulant * Improved Circulation

Vitamin C * B9 * Manganese * Iron * Vitamin B6 * Magnesium

“Hydrate” Cantaloupe Pear Juice ~ \$12

Cantaloupe – Pear – Lemon - Vanilla

Hydrating * Antioxidant * Reduces Cholesterol
Vitamin A * Vitamin C * Potassium * Vitamin K

“Winter” Sweet Potato Spice ~ \$12

Sweet Potato - Apple - Orange - Ginger - Cinnamon - Nutmeg - Clove

Promotes Healthy Heart * Antioxidant * Aids Digestion

Vitamin A * Manganese * B6 * B5 * Pantothenic Acid * Vitamin C * Potassium * Vitamin K

“1964 World’s Fair” Nonalcoholic Peach Sangria ~ \$12

Peach – Apple – Lemon – Lime - Ceylon Cinnamon - Honey

Antibiotic * Anti-Inflammatory * Immunity * Improved Digestion * Healthy Skin * Improves eye health *
Promotes Good Sleep
Vitamin C * Vitamin A

“Comfort” Ginger Cardamom Tea ~ \$12

*Ginger – Cardamom – Coriander – Cloves – Cinnamon – Almonds – Dates – Vanilla –
Maple Syrup*

Aides Digestion * Lowers Cholesterol * Improves Mood
Vitamin A * Vitamin C * Manganese * Copper

“Dark Chocolate Almond Milk” ~ \$12

Water – Almonds – Dates – Vanilla – Unsweetened Dark Chocolate

Promotes Weight Loss * Lowers BP * Antioxidant * Improves Cardiovascular Health * Improves Mood *
Increased Energy
Calcium * Iron * Vitamin E * Magnesium * Manganese * Zinc * Copper

“Pumpkin Spice Almond Milk” ~ \$12

*Water – Almonds – Dates – Vanilla – Ceylon Cinnamon – Ginger – Cloves – Mace –
Allspice*

Promotes Weight Loss * Lowers BP * Antioxidant * Improves Cardiovascular Health
Calcium * Iron * Vitamin E

“Honey Latte” ~ \$12

*Cold Brew Coffee - Honey Cinnamon Simple Syrup - Homemade Almond Milk - dates -
vanilla*

Immunity * Increases Energy * Increases Memory * Antioxidant
Calcium * Iron * Vitamin E